

**LAKE-GEAUGA TRAINING COMMITTEE**  
**PRESENTS**  
**AN EDUCATIONAL ENSEMBLE**

**TUESDAY, MARCH 14, 2017 – 9:15 AM – 12:30 PM**

**“ETHICAL DANGERS IN CLINICAL SUPERVISION”**

*Paula Atwood, MSSA, LISW-S, EMBA, LICDC-CS  
Senior Director of Staffing and Special Projects, Beech Brook*

There is a delicate balance supervisors and supervisees engage in to maintain professional ethics in clinical supervision and clinical work that can pose unique challenges. Learn about some of the ethical dangers and how to avoid them or successfully address them. CEUs for this program satisfy Ohio Counselor, Social Worker & Marriage and Family Therapist Board requirements for Supervision.

**“ON GRIEVING AND GRIEF WORK”**

*Roy Nichols, MEd, LSW, LICDC-CS  
Retired, Glengeigh Hospital*

Grief is the most common of experiences. This seminar will frame a philosophy of grief, present models of grief, and focus on methods of keeping the grief ‘moving.’ It will also explore the mental health connection to the dead human body, present indicators of who ‘grieves well’ and who does ‘not grieve well,’ and will explore creative possibilities in grief. To know how to grieve well is to know how to live well.

**TUESDAY, MARCH 14, 2017 – 1:30 PM - 4:45 PM**

**“ETHICS FOR CLINICAL PROFESSIONALS: CREATING A CHAIN OF TRUST”**

*Michael Buzzelli, MA, MPH, OCPA  
Gambling Services Coordinator, Recovery Resources*

Professionals in the behavioral health field must comply with certain standards and requirements. The ethics of prevention, for instance, puts forth a set of principles for clinicians to follow in everyday community outreach and educational practices. These not only form a foundation of trust for our work, but also for the chain of education, treatment and recovery that follows. Attendees will learn and discuss how positive and ethical frontline efforts can increase trust throughout the health field. CEUs for this program satisfy Ohio Counselor, Social Worker & Marriage and Family Therapist Board requirements for Ethics.

**“MENTAL ILLNESS AND OUR LAW”**

*Deanna Brant, LPCC-S, CTP/T  
Chief Operating Officer - Intensive Services, Ravenwood Health*

Are you sometimes confused by what providers and law enforcement legally can do to help the mentally ill or dually diagnosed in our community? Does it seem like there should be laws in place that address incidents or illnesses? Maybe they already exist. We will review the history of the laws that address mental illness nationally and in Ohio, and discuss where we are today – what works and what may not work and why. Jason’s Law, Casey’s Law and involuntary commitment statutes will all be topics covered in this presentation.

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**WEDNESDAY, MARCH 15, 2017 – 9:15 AM - 12:30 PM**

**“OPIATE TREATMENT OPTIONS AND OUTCOMES”**

*Ann Mason, MC, LICDC, CPI  
Chief Operating Officer, Signature Health*

As health care professionals and community members, opiate addiction, overdose, and death are front and center in our lives. There is hope! We will explore treatment models and best practices in opiate addiction treatment. Hot topics such as medication assisted treatment vs abstinence based treatment are key areas of philosophical and practical importance. Outcomes data and case studies will highlight current information on treatment success, retention and relapse.

## WEDNESDAY, MARCH 15, 2017 – 9:15 AM - 12:30 PM

### “THE TRAUMATIC IMPACTS OF DOMESTIC VIOLENCE”

*Shayna Jackson, MSSA, LISW-S  
Chief Clinical Officer, Beacon Health*

Current statistics indicate that 1 in 3 women and 1 in 4 men have experienced some form of physical violence by an intimate partner. In order to assist survivors of domestic violence, one needs to understand the traumatic effects of domestic violence. A hallmark of traumatic experience is that it typically overwhelms an individual mentally, emotionally, and physically. This seminar will assist participants understanding that traumatic reactions are NORMAL responses to ABNORMAL situations.

## WEDNESDAY, MARCH 15, 2017 – 1:30 PM - 4:45 PM

### “FINDING FAMILIES FOR CHILDREN IN FOSTER CARE”

*Mike Kenney, BBA  
Co-Founder & Co-Director, Waiting Child Fund*

Foster care is designed to be temporary. The longer a child spends in foster care the more of their connections they begin to lose. Those connections are often replaced by loneliness and isolation, which can lead to devastating social and emotional outcomes. This session is designed to help participants understand the importance of ‘permanency’ and how achieving this goal helps a child to heal and grow from the trauma they have experienced.

### “RX FOR WELLBEING: MAINTAINING STRENGTH & FLEXIBILITY WITH PROPER NUTRITION & EXERCISE WHILE MINIMIZING STRESS”

*Terri Worthington, MSSA, LISW-S  
Family Life Educator, Ohio State University  
Alex Wollschleger, M.Ed  
ACSM Certified Personal Trainer, Tri-Point Crossfit*

Feeling stressed, bloated, maybe a little depressed with low energy and little patience or motivation? Do you feel like you know a strategy or two but can’t make a plan that you can really follow? The presenters will take participants through the science behind mindfulness meditation and other stress relief strategies for yourself, and simple practices to do with clients or students. The science and impact of good nutrition and regular exercise on well-being will be discussed at length, including simple strategies to develop a plan that will make it easier to maintain a healthy lifestyle.

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- The cost is only \$25 per session. Visit our website at [www.lakegeaugatrainingcommittee.org](http://www.lakegeaugatrainingcommittee.org) to register today.  
**The deadline to register is February 24, 2017.**
  - All participants will receive Ohio Counselor, Social Worker & Marriage and Family Therapist Board CEUs. CLE & RCH hours for Chemical Dependency Professionals are pending.
  - Attendees will have access to more than a dozen lunch options within 5 miles of the Community Center.
  - Please direct questions to Steve Roos at **440-856-0229** or [sroos@beaconhealth.us](mailto:sroos@beaconhealth.us)

The LGTC Educational Ensemble will be held at the **Willoughby Hills Community Center**  
35405 Chardon Road, Willoughby Hills 44094

