

Lake County ADAMHS Board FY2016 ANNUAL REPORT



From the executive director...

As we transition to SFY2017 I'm reminded of a few important things.

First, that we're facing an unprecedented wave of changes in the coming months and years. We're going to need to be very focused and very smart about how we manage our resources.

Business as usual just isn't going to cut it. But I am also reminded of how well-positioned we are to face and overcome challenges. We have an exceptional board, a second-to-none staff, and a very solid network of service providers. We continue to embrace ROSC principles throughout our system. I'm proud to be a part of the Lake County ADAMHS network. I hope you share that pride.



About the Lake County ADAMHS Board

Established by Ohio Statute, the Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board is responsible for evaluating, planning, funding, and monitoring services to help Lake County residents who are dealing with a mental illness and/or addiction disorders. A board of directors – all Lake County residents who serve without compensation – oversees our work and votes on major funding decisions. Board members include medical professionals, mental health and recovery experts, consumers (people who need and use services), family members of consumers, community leaders, and business professionals. The resulting blend of expertise and perspectives makes the Lake County ADAMHS Board uniquely qualified to handle these important issues effectively and efficiently.

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Annual Meeting Highlights

• **The board approved \$11.6 million in ongoing non-Medicaid funding for its 2017 fiscal year.** Those funds will provide services for local individuals and families dealing with mental illness and/or addiction disorder issues.

• **New officers for FY2017:** Joanne Zeroske, Chair; Roberta Kalb, Vice-Chair; Troy Hager, Secretary; Dione DeMitra, Treasurer; and Tricia Hart, Past Chair. Other fiscal-year 2017 board members include, Doug Klier, Frank Sarosy, Peggy Kiikka, Karen Sippola, Julia McGruder, Les Beck, Jim McBride, Dave Enzerra and Alice Walker.



JOANNE ZEROSKE



ROBERTA KALB



TROY HAGER



DIONE DeMITRO



TRICIA HART

• **Retiring ADAMHS Board member Jim Garrett was honored.** Garrett joined the ADAMHS Board in 2008, and has served as chair, treasurer, and secretary. He also served on the board's Long-Range Planning, Executive/Personnel, Mental Health, Evaluation/Quality Improvement, Allocation, and Grievance committees.



ANNUAL SYSTEM-WIDE AWARDS

Our **Consumer Achievement Award** recognizes a client who has been especially successful in working toward and achieving important goals. **Heather Martin** was the recipient.

Our **Unsung Hero Award** salutes a staff member at one of the ADAMHS funded service providers. This year's award went to **Sue Toward** from Crossroads.

Our **Advocate Award** recognizes an individual who has contributed significantly to our system's missions. That award was given to **Carole Jazbec**, Executive Director of the Lake County Chapter of NAMI (National Alliance on Mental Illness).

• **Cheri Walter, Chief Executive Officer of the Ohio Association of County Behavioral Health Authorities, was the keynote speaker.** Lake County ADAMHS Executive Director Kim Fraser also spoke. Both stressed the importance of proactively addressing the challenges that will result from some very significant changes occurring in the behavioral health world. Both also emphasized the importance of our ongoing commitment to **ROSC (Recovery Oriented System of Care).**



RECOVERY

Is Beautiful.™

Ways we weave ROSC principles into our system

ROSC Principle:
Focusing on Clients & Families

- NAMI’s Family to Family, Peer to Peer, and NAMI Connections programs impact over 2500 individuals annually.
- More than 300 consumers benefit from Bridges’ Warm Line, Activities Center, and Personal Development Groups.
- Support groups within our system include Chrysalis, which helps survivors of a suicide loss, and Lake Geauga Recovery Centers’ support group for those who have lost a loved one to an overdose.
- We hosted our 25th annual Expressions of Recovery art show, which celebrates how art therapy and the creative process can play important roles in someone’s recovery.



ROSC Principle:
Ensuring Timely Access to Care

- Nearly 1,000 calls came into our ADAMHS Compass line this year. The Compass Line made some 1,500 referrals, and helped more than 100 callers who were in crisis get linked immediately with crisis services.
- To date our ADAMHS Transportation Line has helped arrange 39,000 rides for consumers, and has a database of over 1000 clients.
- We’re actively exploring existing emerging technologies.

Need a sense of direction?

THE COMPASS LINE

350-2000 or 918-2000
(both 440)

www.MojoThatWorks.com
LAKE COUNTY ADAMHS BOARD

Lake County Alcohol, Drug Addiction, and Mental Health Services Board

ROSC Principle:
Promoting Healthy, Safe, Drug-Free Communities

- Lake Geauga Recovery Centers opened its new Oak House and has two new recovery houses in the works.
- We hosted State Senator John Eklund’s news conference to introduce Senate Bill 319 which is aimed at decreasing opiate abuse and addiction in Ohio.
- We partnered with former Supreme Court Justice Evelyn Stratton on the Stepping Up initiative which improves coordination between the behavioral health and criminal justice systems.
- We led nineteen Mental Health First Aid sessions which trained more than 350 participants.

ROSC Principle:
Prioritizing Accountability & Outcome Driven Financing

- We upgraded our data management system to ensure we’re accurately tracking every dollar we invest.
- Our Evaluation/Quality Improvement processes monitor the efficiency, effectiveness, and outcomes of programs we support.
- Our Long Range Planning Committee utilizes input from providers, consumers, families, and stakeholders to establish and rank priorities for our system.

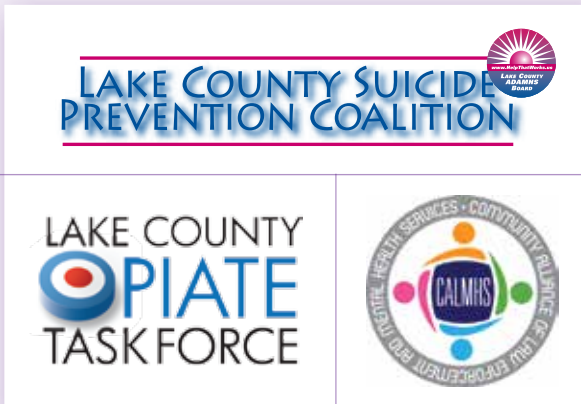
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WAYS WE WEAVE **ROSC** PRINCIPLES INTO OUR SYSTEM (CONT.)

ROSC Principle:

Locally Managing Systems of Care

- Our board members are strongly committed to quality and efficiency, to furthering our reputation as one of the best behavioral health systems in Ohio, and to advocating on behalf of consumers and family members.
- Our ADAMHS 101 trainings empower agency team members to help those in recovery reach their potential. The trainings emphasize tools and resources they can access. To date we've held seven sessions and trained more than 130 individuals.
- We work hard to create unique programs that meet the specific needs of Lake Countians. Examples include our hospital-based crisis intervention services, and our behavioral health liaison position which improves coordination between behavioral health providers, courts, and hospitals.
- We've prioritized prevention and education efforts. Our system collectively reached 45,000 people through more than 2,500 prevention/education initiatives this year.



- We realize and embrace that collaboration help us leverage dollars and expand impact. ADAMHS collaborations and partnerships include Lake County's Family & Children First Council, Suicide Prevention Coalition, Opiate Task Force, and Community Alliance of Law Enforcement and Mental Health Services (CALMHS).



Outcomes from our Long Range Planning Committee Process

In March our Long Range Planning Committee met. Prior to that meeting:

- We sought and received input from our network of providers.
- ROSC surveys were conducted with providers, community partners, consumers, and family members.
- Compass Line data from the previous calendar year was analyzed.

During the LRPC meeting this information was presented and discussed. The submitted recommendations were evaluated and prioritized. Six common themes emerged:

First tier themes (very high rankings) included:

- 1.) Restructuring to eliminate/merge/consolidate small & medium providers and purge duplicative services.
- 2.) Internal and external outreach efforts.

Second tier themes (medium rankings) included:

- 3.) Housing services.
- 4.) Substance abuse detox services.
- 5.) Integration of physical & behavioral healthcare.
- 6.) Technology.

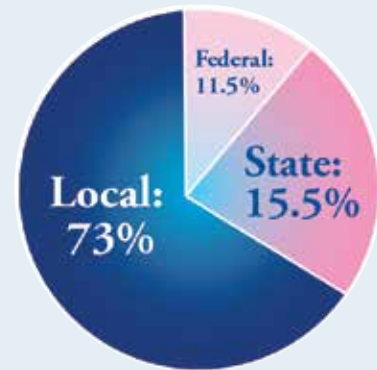


ADAMHS Provider Network

- *Beacon Health*
- *Big Brothers/Big Sisters of Northeast Ohio*
- *BRIDGES: Mental Health Consumer Empowerment*
- *Catholic Charities Community Services of Lake County*
- *Cleveland Rape Crisis Center*
- *Crossroads*
- *Extended Housing*
- *The Family Planning Association of Northeast Ohio*
- *Forbes House*
- *Lake County Sheriff's Jail Treatment Program*
- *Lake-Geauga Recovery Centers*
- *Lake Health Emergency Based Crisis Services*
- *Lifeline*
- *NAMI (National Alliance on Mental Illness) Lake County*
- *Northcoast Behavioral Healthcare/Community Services Network*
- *Signature Health*
- *Western Reserve Counseling Service*
- *Windsor-Laurelwood Center for Behavioral Medicine*
- *WomenSafe*

FINANCIAL SUMMARY

We are now even more reliant upon local levy dollars. Approximately 73% of our total budget comes from two local tax levies.



SFY16 Revenue

Federal	\$ 1,523,112	11.5%
State	\$ 2,045,280	15.5%
Local	\$ 9,544,197	73%
TOTAL	\$13,112,589	

Of each dollar we invest...

- 4¢...goes to Family Support Services
- 8¢...goes to Emergency, Crisis & Related Services
- 5¢...goes to Medications & Med Management
- 12¢...goes to Inpatient Psychiatric Care
- 23¢...goes to Shelter & Residential Treatment
- 4¢...goes to Counseling Services
- 2¢...goes to Diagnosis & Assessment
- 3¢...goes to Employment & Vocational Training
- 4¢...goes to Consumer Outreach & Support
- 9¢...goes to Community Education & Prevention
- 10¢...goes to Intensive Needs-Specific Treatment
- 7¢...goes to Program Monitoring & Board Management
- 9¢...goes to Consumer Care Management

