

**LAKE COUNTY ADAMHS BOARD**

Regular Board Meeting

February 26, 2018

6:00 p.m.

Lake County ADAMHS Board, One Victoria Place, Suite 201, Painesville

Ms. Kalb called the meeting to order 6:00 p.m.

**ROLL CALL:**

Members Present: Chair -- Roberta Kalb

Les Beck	Dione DeMitro
DaveENZerra	Troy Hager
Peggy Kiikka	Douglas Klier
Andrew Meinhold	Julia McGruder (6:22)
Frank Sarosy	Karen Sippola
Alice Walker	Joanne Zeroske

Members Absent:

Jim McBride

Staff Present:

Kim Fraser, Executive Director  
 Jackie Bruner, Director of Business Operations  
 Greg Markell, Director of Community/Public Affairs  
 Kelly Tuttle, Secretary/Receptionist  
 Matt Gundling, Staff Accountant

Guests:

Damir Pavicic	Bridges	Melanie Blasko	Lake-Geauga
Patty Rotert	Bridges	Jackie Smith	Lake Health
Ronald Wright	Bridges	Lisa Falkenberg	Lake Health
Jim Clements	Catholic Charities	Darci Capp	NAMI
Spence Kline	Crossroads & Beacon Health	Patty Smith	Signature Health
Karen McLeod	Extended Housing	Ric McAllister	Windsor-Laurelwood
Mary Wynn-Peaspanen	Family Planning	Alexis Stanich	WomenSafe
Krista Brindo	Guest		

**MINUTES OF MEETING:**

Ms. Walker moved to accept the minutes of the January 22, 2018 regular Board meeting as mailed. The motion was seconded by Mr. Hager and the Motion Passed Unanimously. (18-055)

**CORRESPONDENCE:**

There was no correspondence.

**FINANCIAL REPORT:**

Ms. Bruner read the financial report of Board operations for the month of January 2018 as follows:

Beginning Cash Journal Balance	.....	\$4,201,305.27
Plus: Cash Receipts for the Month	.....	\$ 793,197.67
Total to Account For	.....	\$4,994,502.94
Minus: Cash Disbursements for the Month	.....	\$1,227,874.40
Ending Period Adjustments		\$ 0.00
Ending Cash Journal Balance	.....	\$3,766,628.54

Mr. Klier moved to accept the financial report for the month of January 2018 as read. Seconded by Mr. Sarosy, the Motion Passed Unanimously. (18-056)

**PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:**

Guests were welcomed and invited to introduce themselves and comment on any agenda items.

**EXECUTIVE DIRECTOR'S REPORT:**

Ms. Fraser stated the Request for Proposal (RFP) will be brought before the Board at the March meeting. This year is an "update" year. If a provider has no major changes to their programming it can be noted in the proposal. If there are major changes (such as new programming/agency mergers) they will be asked to submit a new proposal. Behavioral Health re-design was implemented on January 1<sup>st</sup>. With the new coding mid-way through the year, some of the agencies are having cash flow issues. To help provider agencies through this conversion staff will be recommending grant type contracts in SFY19 so that they are receiving 1/12 of the funding each month and unused dollars will be reconciled back on a purchase of service basis.

Ms. Fraser announced that the primary election is on May 8<sup>th</sup>. She reminded that the Friends of Lake ADAMHS Celebrity Art Auction will be held on March 22<sup>nd</sup> at St. Noel's. Friends of Lake ADAMHS helps with costs associated to the levy. Please mark your calendars and consider attending this great event.

The producer for 'Sound of Ideas' televised on WVIZ reached out to Ms. Fraser about participating in a community forum on opiates at the Paradigm Center on March 27th. Board members are welcome to attend.

Ms. Fraser reported that the Ohio Opiate Conference will be held in Columbus on June 11<sup>th</sup> and 12<sup>th</sup>. Lake County will be presenting on the Opiate Recovery Transition Program (ORTP), Operation Resolve and opiate issues impacting older adults.

Ms. Fraser reminded Board members to complete the self-evaluation assessment and the Ethics e-course.

Ms. Bruner gave a brief presentation on the 5-year financial projection. The three sources of funding received are federal (12%), state (17%) and local (71%). Federal funding has been flat and the only opportunity to increase funding is with specialized grants. State funding declined in SFY16 by approximately \$200,000. Funding has since increased with some targeted programs around opiates and the only opportunity to increase funding is with specialized grants. Local funding is being collected at the full millage. We are budgeting at a deficit based on reconciliation from the prior year. Board staff works with providers each quarter to see if programs are running efficiently and where the need is. Ms. Fraser noted that the administrative overhead has remained consistent at 6%. The statewide average is 9.9%.

**EXECUTIVE COMMITTEE REPORT:**

Ms. Kalb reported that the Executive Committee met prior to the Board meeting and the following items were discussed:

On behalf of the Executive Committee, Mr. Hager moved that the full Board authorize the Executive Director to issue 120-day notice of contract non-renewal to all current non-Medicaid contract service providers by 3/1/18. The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (18-057)

Ms. Fraser stated that the notice is a requirement by state law notifying the agency the contract will be expiring.

On behalf of the Executive Committee, Mr. Klier moved that the Lake County ADAMHS Board accept the Lake County CY2016 Audit & Single Management letter. The motion was seconded by Mr. Sarosy and the Motion Passed Unanimously. (18-058)

On behalf of the Executive Committee, Ms. DeMitro moved that the full Board increase the Board Operating budget in the following line-items: 653 – Printing and Advertising (\$20,000), 752 – Professional Dues and Membership (\$2,000) and 720 – Subscriptions/Periodicals (\$1,500). The motion was seconded by Ms. Zeroske. After discussion the Board voted and the Motion Passed Unanimously. (18-059)

Ms. Fraser noted the increases were due to the awareness campaign with the Captains and the partnership with RSVP for the Deterra drug bags.

On behalf of the Executive Committee, Ms. Zeroske moved that the full Board enter into a one-time SFY18 grant type grant with Extended Housing in the amount of \$50,000 for Housing match. This is a pass thru from the Ohio Department of Mental Health and Addiction Services. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (18-060)

On behalf of the Executive Committee, Mr. Klier moved that the following line-item adjustments to the Lake-Geauga Recovery Center's SFY18 contract: decrease Family Education \$28,000, increase SUD Group Counseling \$17,000, increase SUD Family Information and Referral \$2,500, increased SUD Lab Urinalysis \$6,500, increase SUD Case Management \$2,000, increase SUD Individual Counseling \$13,000, and SUD IOP \$28,000 for an overall increase of \$41,000 in SUD services. The motion was seconded by Mr. Sarosy and the Motion Passed Unanimously. (18-061)

#### **EVALUATION/QUALITY IMPROVEMENT COMMITTEE REPORT:**

Mr. Klier reported the Evaluation/Quality Improvement Committee met on Monday, February 12th and the following items were discussed:

Extended Housing offers housing services for the mentally ill, outreach to the homeless, rental subsidy programs, housing loans, and property & voucher programs. Rich gave a moving testimonial on how the services and support he has received from Extended Housing has changed his life. He is no longer homeless and has an apartment. He was warmly applauded and thanked for sharing his story.

Ms. McLeod presented a power point highlighting Extended Housing's history, properties and programs.

The PATH (Projects for Assistance in Transition from Homelessness) program received additional funds in SFY17 which allowed them to replace the carpet in North Coast House. Extended Housing has been invited to present on their PATH program at a statewide conference in Columbus.

Ms. McLeod shared that there are 150-300 people on the wait list for housing. The list is updated annually and follows the Lake Metropolitan Housing protocol.

Extended Housing will be installing an ADA accessible elevator in the wellness center. The addition of a functioning elevator will allow the agency to rent out the second floor and improve accessibility throughout the building. The current elevator shaft will be repurposed into a janitor's closet on the 1<sup>st</sup> floor and a restroom on the 2<sup>nd</sup> floor. The wellness center currently houses, Helping Hispanics Hope, Meals on Wheels, Bridges and Extended Housing.

Ms. Lakomiak conducted the agency's Contract Compliance Review and found them in full compliance. She noted their outcomes are exceptional and that is why the Ohio Department of Mental Health & Addiction Services awarded them additional funds which they were able to purchase hard wood floors for North Coast House.

On behalf of the Evaluation/Quality Improvement Committee, Mr. Klier moved that the full Board accept the Extended Housing's Quality Improvement plan as presented. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (18-062)

Quality Improvement Review of Windsor-Laurelwood Mr. McAllister gave an overview of facility information, programs, licenses, and initiatives.

Windsor-Laurelwood has 159 operational beds (112 mental health and 47 alcohol/drug beds) to provide inpatient treatment to adults, adolescents and children. The average daily census is 123.7 with the average length of stay being 8.5 days. The facility provides: inpatient treatment (mental health, dual diagnosis, detox and chemical dependency rehabilitation) partial hospitalization (mental health, adult dual diagnosis, and adult chemical dependency rehabilitation) and intensive outpatient (adult chemical dependency, adult dual diagnosis and adult mental health).

Windsor-Laurelwood is the largest free standing hospital in Ohio that provides behavioral medicine besides the state hospital.

The following changes were made in 2017:

- IMD Exclusion – the change allows Medicaid reimbursement. A significant impact on mental health and substance abuse treatment.
- Lake County Opiate Recovery Transition Program – in partnership with the Lake County ADAMHS Board, Signature Health and Lake Geauga Recovery Centers this program provides withdrawal management followed by the injection of Vivitrol and on-going outpatient services.
- Dual Diagnosis Intensive Outpatient Program – allows clients to be helped with their co-existing primary mental health and secondary chemical dependency diagnosis.

Ms. Lakomiak conducted the agency's Contract Compliance Review and found them in full compliance. She noted that the hospital does its best to prioritize Lake County residents in crisis and that they have had great success with the partnership with the Opiate Recovery Transition Program.

On behalf of the Evaluation/Quality Improvement Committee, Mr. Klier moved that the full Board accept the Windsor-Laurelwood's Quality Improvement plan as presented. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (18-063)

Next Meeting Date: Monday, March 12th, at 5:30 p.m., at Crossroads

#### **PROGRAM COMMITTEE REPORT:**

Ms. DeMistro reported the Program Committee met on Monday, February 12th and the following items were discussed:

Mid-Year Updates Ms. Fraser reported that the official transition date for Behavioral Health Redesign was on January 1st. Contract agencies are in a state of flux with the new coding and rates. During this transition, she

has asked them to reach out to her in real time if there are any issues so that clients are not going without receiving services. In turn, she can proactively reach out to the state to make them aware of any issues.

Ms. Fraser stated that it is that time of year to begin the Request for Proposal (RFP) planning process. The RFP will be published in March and no substantial changes for the fiscal year are anticipated. This year is an "update" year. If a provider has no major changes to their programming it can be noted in the proposal. If there are major changes they will be asked to elaborate on them in the write up.

Ms. Fraser stated that we will be entering levy season soon. An issue number should be assigned on Thursday. She will be asking to speak at provider agency staff meetings about the levy and how everyone can help with the grassroots campaign.

The Culture of Quality (COQ) review was held at the Board office on February 1<sup>st</sup> and 2<sup>nd</sup>. This peer review was implemented 12 years ago by the Ohio Association of Behavioral Health Authorities and this was our 4<sup>th</sup> review for recertification. Ms. Fraser will present the findings next month after they are received. This was informational and no committee action was required.

Opiate Updates To help fight the opiate epidemic, the Lake County ADAMHS Board in partnership with Leadership Lake County has introduced Operation Resolve which is a coordinated effort with area businesses. Since its inception, the program has scheduled and/or conducted presentations at 25 agencies/business reaching 1200 individuals in Lake County. Operation Resolve leadership participants will be invited to a breakfast roundtable in April to celebrate the success of the program.

Ms. Fraser stated that the nonprofit organization Cover 2 Resources reached out to the Board to do a podcast speaking on the Operation Resolve program. The podcast has been recorded and she will send out the link to Board members.

The producer for 'Sound of Ideas' televised on WVIZ reached out to Ms. Fraser about participating in a town hall meeting on March 27<sup>th</sup> at the Paradigm Center. Other participants include: Bill Porter (Mentor Schools), Matt Battiato (JFS), Jessie Baginski (Leadership Lake County), Sheriff Dunlap and a family member of someone suffering from addiction.

Ms. Augspurger from the Ohio Department of Mental Health and Addiction Services will be doing site visits at agencies who were awarded CURES federal funding on Thursday, February 15<sup>th</sup>. This will allow Lake County to show the good work we are doing at agencies such as Tripoint and Oak House.

Ms. Fraser noted that the Lake-Geauga Recovery Centers will be opening two additional recovery houses and Signature Health will be opening a 16-bed residential facility in the upcoming months to help fight the opiate epidemic.

Ms. Fraser shared that Lakeland's Small Business Development Council will be holding a summit in May touching on the Opiate epidemic with topics such as: effects of addiction and legalities. This was informational and no committee action was required.

Ombudsman Program Ms. Jazbec gave a presentation on the Lake County Mental Health Ombudsman program at NAMI. The Ombudsman acts as an advocate for people affected by mental illness or co-occurring disorders and their family members.

In SFY 17, 1405 calls, emails or walk-ins were received by the Ombudsman. Reasons for calls included: complaints, questions, access to meds, quality of service, medical benefits, and legal questions and forensic.

Discussion: How many calls were complaints? The general perception at the beginning of the call may have been a complaint but after talking to the individual further and sharing information it is usually just that the person does not know where to turn.

What is the difference between the Ombudsman, Compass Line and 211?

- 211 – Provides basic information.
- Compass Line – Provides an entry point on where to receive services.
- Ombudsman – Provides advocacy to individuals and not just at the provider agency level but in schools, hospitals, private practitioners, guardianship issues, etc.

Other Ms. Fraser stated that Family Planning is requesting a one-time funding request in the amount of \$3,000 for education materials distributed at presentations. Family Planning does regular presentations at Crossroads, Lake County Sheriff's Office, Lake-Geauga Recovery Centers, Bridges and outreach events at schools. Staff recommendation is to enter into this one time contract as presented.

On behalf of the Program Committee, Ms. DeMistro moved that the full Board enter into a one-time SFY18 grant type contract with Family Planning in an amount not to exceed \$3,000 for education materials. The motion was seconded by Mr. Sarosy and the Motion Passed Unanimously. (18-064)

Next meeting date – Monday, April 9, 2018, at 6:30 p.m. at the Lake County ADAMHS Board.

*As the **ALLOCATION COMMITTEE** did not meet since the last full Board meeting,  
the Board moved on to the next agenda item*

*As the **LONG-RANGE PLANNING COMMITTEE** did not meet since the last full Board meeting,  
the Board moved on to the next agenda item*

#### **OLD BUSINESS:**

There was no old business.

#### **NEW BUSINESS:**

Payment of Bills Ms. Zeroske moved that the Board approve the February bills totaling \$1,164,570.29 be paid as presented. The motion was seconded by Mr. Sarosy. As there was no discussion the Board voted and the Motion Passed Unanimously. (18-065)

Ms. Fraser stated the Lake County ADAMHS Board issue number is 3 on the primary election in May.

#### **AGENCY PRESENTATION:**

Ms. McLeod thanked the Board for their continuing support. She noted that the new ADA elevator will be installed at the end of June.

Mr. McAllister stated that through the end of January 132 clients have participated in the Opiate Transition Program. 30% have remained sober which is more than double the national average.

#### **GOOD OF THE GROUP:**

Ms. Walker shared that the Allied Health Program at Lakeland is offering interprofessional education; when students from two or more professions in health and social care learn together. Human service students were invited to join this year.

As there was no further business, Ms. Walker moved for adjournment at 6:50 p.m. The motion was seconded by Mr. Meinhold and the Motion Passed Unanimously. (18-066)

Respectfully submitted,

Roberta Kalb  
Board Chair

Douglas Klier  
Board Secretary