

LAKE COUNTY ADAMHS BOARD

Regular Board Meeting

October 21, 2019

6:00 p.m.

Lake County ADAMHS Board, One Victoria Place, Suite 201, Painesville

Mr. Beck called the meeting to order 6:00 p.m.

ROLL CALL:

Members Present: Chair -- Les Beck

- Nancy Brown
- Dione DeMitro
- Roberta Kalb
- Jim McBride
- Andy Meinhold
- Joanne Zeroske
- Kim Collise
- Dave Enzerra
- Pam Kurt
- Julia McGruder
- Karen Sippola

Members Excused:

- Matt Sabo

Staff Present:

- Kim Fraser, Executive Director
- Jackie Bruner, Director of Business Operations
- Greg Markell, Director of Community/Public Affairs
- Christine Lakomiak, Director of Quality & Clinical Operations
- Kelly Tuttle, Secretary/Receptionist
- Matt Gundling, Staff Accountant

Guests:

- | | | | |
|----------------------|---------------------------|------------------|-------------|
| Damir Pavicic | Bridges | Charles Tong | Lake-Geauga |
| Elizabeth Cotrill | Bridges | Lisa Falkenberg | Lake Health |
| Emily Currie Manring | Catholic Charites | Ben Capelle | Laketrans |
| Mike Matoney | Crossroads Health | Katie Jenkins | NAMI |
| Karen McLeod | Extended Housing | Joanna Saginario | NAMI |
| Mary Wynne-Peaspanen | Family Planning/Signature | Jessica Martin | WomenSafe |
| Melanie Blasko | Lake-Geauga | | |

MINUTES OF MEETING:

Mr. McBride moved to accept the minutes of the September 16, 2019 regular Board meeting as mailed. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (20-020)

CORRESPONDENCE:

There was no correspondence to report.

FINANCIAL REPORT:

Mr. Gundling read the financial report of Board operations for the month of September 2019 as follows:

Beginning Cash Journal Balance	\$3,298,565.72
Plus: Cash Receipts for the Month	\$4,108,678.77
Total to Account For	\$7,407,244.49
Minus: Cash Disbursements for the Month	\$1,382,341.93
Ending Period Adjustments		\$ 0.00
Ending Cash Journal Balance	\$6,024,902.56

Ms. Kalb moved to accept the financial report for the month of September 2019 as read. Seconded by Mr. Meinhold, the Motion Passed Unanimously. (20-021)

Mr. McBride questioned the 693 expenditure training line item that is currently at 80%. This is a system wide training fund to send provider agency staff as well as Board staff to trainings and provide speakers for our system. This is mostly used by provider agency staff.

Mr. McBride also asked about the Jail Treatment Line Item that is year to date at 100%. This is revenue from the courts for the Jail Treatment Program. Some funding is received 100% up front and other allocations are received at different times.

PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:

Guests were welcomed and invited to introduce themselves and comment on any agenda items.

EXECUTIVE DIRECTOR'S REPORT:

Ms. Fraser reported that the Lake County Family & Children First Council brought motivational speaker David Flood from New York to Lake County to speak to 7-9th grade students. He presented to approximately 1,500 students. It was incredibly well received and four schools would like to bring him back to their district. His presentations can be viewed on his website or YouTube. We hope to bring him back in the spring and have ADAMHS more prominently advertised.

Ms. Fraser stated that the Board partnered with Lakeland for Mental Health Awareness week at the college. Mr. Markell did a presentation on opiates, Ms. Grady presented QPR training and NAMI provided a motivational/educational speaker. Depression screenings were provided and they went over incredibly well. Going forward, Board staff would like to bring back mobile depression screenings to Lakeland, possibly to Lake Erie College, libraries and civic groups. It would be a great opportunity to let someone know if they need more support and make the connection to our system.

Ms. Fraser gave a brief update on the Board's internal programs starting with the Compass Line which began in 2012. Since its' inception, it averages nearly 1,000 calls per year. Almost half of the callers are calling for themselves, 26% are professionals and 24% are family/loved ones. Top referrals came from Extended Housing, online searches, friends, and 211. Top reasons for calls include SUD disorder, mental health referral, housing, and crisis services. Of those looking for SUD referrals, leading issues included detox and treatment for alcohol which were equal number of calls.

The Community Outreach Program encompasses not only the direct programs provided by the Outreach Specialist but also provides oversight and coordination for system-wide prevention/education activities. The Victim Advocate Program which is a one on one after-hours program was called on 13 times. The Trauma Response Team was called out 16 times in which they typically go to schools and businesses after a traumatic event. There were 17 Operation Resolve presentations made reaching over 600 employees. System wide prevention programs provided over 1,000 presentations impacting nearly 44,000 Lake County residents. Crossroads Health led the charge with nearly 500 presentations. Ms. Grady, the former Community Prevention Specialist provided 89 presentations reaching 7,500 individuals. Ms. Fraser announced that the Board has hired Sandra Tenkuu as the new Community Outreach Specialist. She has been in our system for 13 years and is an incredible asset. She will start in November

Ms. Fraser stated the third program she wanted to review was the Transportation Line. The program was started at the Board in 2015 and since then has scheduled 167,000 rides for individuals who need rides to

ADAMHS provider agencies. In SFY19 37,497 rides were scheduled. The Board partners with LakeTran on this program and has access to their database. LakeTran is able to provide rides that the Board can afford. The Transportation Coordinator visits Bridges monthly to meet with about 30 clients scheduling 600 rides.

Ms. Fraser introduced Mr. Capelle, the General Manager at LakeTran. He stated that LakeTran has been around since 1974. Lake County has gotten older and the demand for the dial a ride service has gone up 18%. 65% of their budget is for dial a ride and those trips are expensive at \$37 per ride which includes the vehicle, maintenance, driver and fuel costs. LakeTran has lost \$1.7 million in state funding. They have not asked for additional dollars since 1988 and have been able to sustain cuts. If their upcoming levy does not pass, they will have to cut 30% of their services and rides will become first come first serve. They are funded by the Federal Transit Administration and are heavily regulated. This does not allow them to prioritize clients. The only way to get priority is to pay 100% of the trip. Job & Family Services is the only organization that would not make a change in their service. LakeTran charges the Board \$2.50 per ride which is an incredible benefit to our consumers. The Dial a Ride service has been poorer than they like due to increased demand and limited buses/staff. They have heard frustration from clients and have gone as long as they can without asking for an increase to provide a better service.

LakeTran has a similar arrangement with the VA for veterans to pay a customer rate for appointments. In response to an inquiry from a board member, Ms. Fraser noted that Board members are permitted to individually support the levy with yard signs at their homes or businesses if they choose to do so.

Ms. Fraser distributed name tags and thanked Mr. McBride for the suggestion. She also noted not to wear one if you have a pacemaker.

EXECUTIVE COMMITTEE REPORT:

Mr. Beck reported that the committee met prior to the Board meeting but there was no business to bring before the Board.

EVALUATION/QUALITY IMPROVEMENT COMMITTEE REPORT:

Ms. Collise stated that the Evaluation/Quality Improvement Committee met on October 7th and the following agenda items were discussed:

Quality Improvement Review of Lake-Geauga Recovery Centers, Inc. Mr. Kappler presented a power point reviewing Lake-Geauga's mission statement, history, and locations.

Outpatient services provided include assessments, drug testing, individual counseling, group counseling, intensive outpatient, dual diagnosis, relapse prevention, family group, medication assisted treatment, tobacco cessation and grief support.

Mr. Kappler highlighted some of the agencies SFY19 Accomplishments / Outcomes as follows:

- Outpatient Services: 1,165 new clients were admitted into their outpatient services in SFY19. 63% of the clients met their treatment goals. In their intensive outpatient program 59% of clients met their treatment goals and 88% were sober at one month post treatment. Out of 559 clients who completed the client satisfaction survey, 91% indicated overall satisfaction.
- Residential Treatment: 171 clients were admitted into Oak House and Lake House. 52% of women and 57% of men completed residential treatment and met all of the treatment milestones, exceeding the national average of 40-44%. Both homes are able to accommodate dependent children under the age of 3.

- Medication Assisted Treatment: A Nurse Practitioner and/or supervising Physician provide Ambulatory Detox services. 70 clients a month receive the Vivitrol injection, an average of 15-20 clients a month takes oral naltrexone and 15 clients a month are prescribed suboxone.
- They welcomed the 19th drug-free baby born to residents at Oak House and Neveah Ridge. Number 20 is due this weekend.
- Neveah Ridge received OMHAS certification in July 2019 which allowed them to provide treatment on site.
- Concord Pines, Lake Geauga's new residential treatment facility will open in the fall. The facility will be able to house 16 men.
- Lake-Geauga's Recovery Houses include Water Street, Nowlen Manor, Eighty Forty One, The Meigs and the Bill Horvath House. There were 103 admissions (67 men and 36 women) with 82 (55 men and 27 women) transitioning back into the community with a successful transition rate of 61%.

Challenges that Lake-Geauga face include: Medicaid Managed Care (requiring prior authorization for residential treatment, reduced length of stay and providing more clinical supervision) and an inadequate supply of trained counselors (addressing by increasing opportunities for college interns and supporting current staff to pursue degrees/certifications in counseling that includes tuition reimbursement).

April gave a testimonial on how the services and support received while in Neveah Ridge and Eight Forty One has changed her life. She was warmly applauded and thanked for sharing her story.

Discussion:

How many men have stayed at Lake House with their children? So far there have not been any. Few offer this service in the country but it is a great resource to have. Since the house was previously Oak House it was already set up to be able to accommodate children.

Ms. Lakomiak conducted the agency's Contract Compliance Review and found them in full compliance.

On behalf of the Evaluation/Quality Improvement Committee, Ms. Collise moved that the full Board accept Lake Geauga's Quality Improvement plan as presented. Seconded by Ms. Zeroske the Motion Passed Unanimously. (20-022)

Next Meeting Date: Monday, November 4, 2019 at 5:30 p.m. at the Lake County ADAMHS Board

*As the **PROGRAM COMMITTEE** did not meet since the last full Board meeting,
the Board moved on to the next agenda item*

*As the **ALLOCATION COMMITTEE** did not meet since the last full Board meeting,
the Board moved on to the next agenda item*

LONG RANGE PLANNING COMMITTEE REPORT:

Mr. Enzerra stated that the Long-Range Planning Committee met on October 9th and the following agenda items were discussed:

Review of Progress on Strategic Action Items Mr. Enzerra reminded that the strategic plan was reviewed 7-8 years ago and was still cohesive and made sense. In SFY18 there was an in-depth review of the plan and it still all comes back to the initial strategic plan which was to increase productivity through enhancement, establish an integrated system of services and enhance leadership, advocacy and community outreach.

Mr. Enzerra reviewed the progress/snapshot as follows:

Goal 1: Restructuring of System

- Restructure of Jail Treatment Program, streamline delivery of services to re-entry and reexamine crisis costs.
- Goal 1: on track, continued efforts expected around crisis.

Goal 2: Outreach

- Awareness campaign. Peer Supporters/suicide prevention coalition.
- Goal 2: Need to focus on targeted outreach toward west end. Plan to increase involvement with law enforcement/first responders in suicide prevention efforts.

Goal 3: Expand Housing Services

- Utilize state opiate response funds to expand capacity.
- Goal 3: Zoning Challenges, not in my back yard continue to pose obstacles.

Goal 4: Expand Substance Abuse Services/Detox Services

- Utilize state opiate response funds to expand capacity
- Goal 4: On track.

Goal 5: Integration of Physical and Behavioral Health

- Expand the integration of physical and behavioral health services within in our provider network.
- Goal 5: We have encountered challenges identifying local physical healthcare partners as well as funding and billing obstacles.

Goal 6: Technology

- Explore and better utilize available technologies.
- Goal 6: Need to expand actions. Expand scope of goal to include data collection/analysis/security.

Goal 7A: Special Populations/Aging

- Goal 7A: need to expand action. Look for opportunities for partnerships.

Goal 7B: Special Populations/LGBTQ

- Goal 7B: on track.

Goal 7C: Youth

- Goal 7C: on track.

Six month frequency of meetings will continue unless something comes up that they would need to meet more frequently.

State Funding Updates Ms. Fraser reported that we are looking to bring in additional crisis funding from state. There also has been new regional funding to infuse in the Medication Assisted Treatment in the jail. This is good news that they are infusing more dollars into mental health. She anticipates by mid-year local levy dollars might be able to be reallocated mid-year due to extra funding from the state.

OLD BUSINESS:

There was no old business.

NEW BUSINESS:

Payment of Bills Mr. McBride moved that the Board approve the October bills totaling \$1,364,198.78 be paid as presented. The motion was seconded by Mr. Meinhold. As there was no discussion the Board voted and the Motion Passed Unanimously. (20-023)

AGENCY PRESENTATION:

Ms. Blasko gave a brief overview of Lake-Geauga Recovery Center's Recovery Houses.

Discussion:

Are there waiting lists for the recovery houses? Currently they are full except for two. Residential treatment has a wait list.

Where do you receive referrals from for the recovery houses? Glenbeigh, outpatient services, residential treatment, Jail Treatment program (case by case); basically referrals from anywhere as long as someone meets the requirements.

Are there any outpatient stats after one month post treatment? No, they only track one month for outpatient services. Outpatient clients are hard to track them after one month.

Ms. Blasko invited Board members to their agency wide Open House on Friday, November 1st from 9:00 am to 4:00 p.m.

GOOD OF THE GROUP:

Mr. McBride thanked Board staff for the nametags.

As there was no further business, Ms. Zeroske moved for adjournment at 6:50 p.m. The motion was seconded by Ms. McGruder and the Motion Passed Unanimously. (20-024)

Respectfully submitted,

Les Beck
Chair

Dave Enzerra
Vice-Chair