

**LAKE COUNTY ADAMHS BOARD**

Regular Board Meeting

September 16, 2019

6:00 p.m.

Lake County ADAMHS Board, One Victoria Place, Suite 201, Painesville

Mr. Beck called the meeting to order 6:00 p.m.

**ROLL CALL:**

Members Present: Chair -- Les Beck

Nancy Brown	Kim Collise
Dave Enzerra	Roberta Kalb
Pam Kurt	Jim McBride
Andy Meinhold	Matt Sabo
Karen Sippola	Joanne Zeroske

Members Excused:

Dione DeMitro	Julia McGruder
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Staff Present:

Kim Fraser, Executive Director  
Jackie Bruner, Director of Business Operations  
Greg Markell, Director of Community/Public Affairs  
Christine Lakomiak, Director of Quality & Clinical Operations  
Kelly Tuttle, Secretary/Receptionist  
Matt Gundling, Staff Accountant

Guests:

Damir Pavicic	Bridges	Mary Wynne-Peaspanen	Family Planning/Signature
Barb Ferritto	Bridges	Melanie Blasko	Lake-Geauga
Elizabeth Cotrill	Bridges	Lisa Falkenberg	Lake Health
Emily Currie Manring	Catholic Charites	Jackie Smith	Lake Health
Mike Matoney	Crossroads Health	Katie Jenkins	NAMI
Sandra Langenderfer	Extended Housing	Courtney Stowe	WomenSafe

**MINUTES OF MEETING:**

Ms. Kalb moved to accept the minutes of the August 19, 2019 regular Board meeting as mailed. The motion was seconded by Ms. Sippola and the Motion Passed Unanimously. (20-011)

**CORRESPONDENCE:**

Ms. Fraser reported that a letter was received from the Ohio Department of Mental Health and Addiction Services approving the 2020 Community Plan. Areas that were highlighted were our needs assessment, priorities and collaboration. The plan is approved for two years.

Ms. Fraser reported that email communication was received stating that as of January 1, 2020, the Commissioners will no longer provide \$70,000 for the Lake County Jail Treatment Program (JTP). This program has been jointly funded by the LC Commissioners and the Lake County ADAMHS Board since 1993. Ms. Fraser reminded that due to changes in JTP program administration, the ADAMHS Board passed a motion in August 2019 to increase the grant to the JTP for FY20 by \$70,000, with the understanding that the Commissioners would, in turn, provide \$70,000 directly to ADAMHS to cover the cost. Ms. Fraser noted that while every effort will be made to absorb the \$70,000 loss with the least impact on clinical services possible, if all local,

state and federal partners with whom Lake ADAMHS jointly funds programs were to withdraw partnership it would have a dramatic impact on the Board’s ability to serve the community.

**FINANCIAL REPORT:**

Mr. Gundling read the financial report of Board operations for the month of August 2019 as follows:

Beginning Cash Journal Balance . . . . .	\$3,634,581.75
Plus: Cash Receipts for the Month . . . . .	\$1,025,977.70
Total to Account For . . . . .	\$4,660,559.45
Minus: Cash Disbursements for the Month . . . . .	\$1,361,993.73
Ending Period Adjustments	\$ 0.00
Ending Cash Journal Balance . . . . .	\$3,298,565.72

Ms. Zeroske moved to accept the financial report for the month of August 2019 as read. Seconded by Mr. Meinhold, the Motion Passed Unanimously. (20-012)

**PUBLIC COMMENT ON AGENDA ITEMS & INTRODUCTIONS OF GUESTS:**

Guests were welcomed and invited to introduce themselves and comment on any agenda items.

**EXECUTIVE DIRECTOR’S REPORT:**

Ms. Fraser reminded that the state has partnered county education departments and ADAMHS Boards to look at behavioral health needs of students K-12. Some Boards will be starting at ground zero in their school districts. Lake County is very fortunate to have Crossroads in every school system. Lake County’s nine school districts will receive a total of \$2.7 million in FY20 and \$3.3 million in FY21 directly from ODE for use toward student wellness. Board staff will be meeting with school superintendents later this week looking at ways to enhance health and wellness through new programming.

Ms. Fraser advised the Jail Treatment Program has fully transferred to Crossroads Health. Board staff met with Sheriff’s Office personnel today to discuss bringing medication assisted treatment into the jail.

Ms. Fraser stated that Lake ADAMHS is anticipating additional funding for programming aimed at linking prisoners coming out of prison to behavioral health services (mental health and/or substance use disorder) as they transition back into Lake County. Lifeline will manage this program.

Ms. Fraser stated that Extended Housing receives pass-thru funding from the US Department of Housing and Urban Development for two Shelter Plus Care programs. Out of 93 programs in the state, Lake County’s two programs were ranked 16<sup>th</sup> and ranked 19<sup>th</sup>. She gave kudos to the phenomenal work they do.

Ms. Fraser announced that the Board is partnering with Lakeland’s Psi Beta, the National Honor Society for 2-year colleges, and LLC’s psychology department, to promote Mental Health Awareness week from October 7-11. An opiate presentation, depression screenings and a QPR presentation will be held on campus.

Ms. Fraser reported that Rae Grady’s retirement open house will be held on October 16<sup>th</sup> at Pastina from 4:30 to 7:00. Ms. Grady has been a valuable asset to the system for many years.

**EXECUTIVE COMMITTEE REPORT:**

Mr. Beck reported that the committee met prior to the Board meeting but there was no business to bring before the Board.

**EVALUATION/QUALITY IMPROVEMENT COMMITTEE REPORT:**

Mr. Sabo stated that the Evaluation/Quality Improvement Committee met on September 9<sup>th</sup> and the following agenda items were discussed:

Ms. Lakomiak noted the EQI Committee was designed for Board members to learn about programming provided at each agency. The information being reviewed is for SFY18 & SFY19. She continuously monitors each agency throughout the year to make sure all reporting requirements are met. Each area must be met for an agency to be in compliance.

Quality Improvement Review of Lake Health Ms. Hearn-Vance stated that the Emergency Based Behavioral Health Crisis Intervention Team provides assessments 24/7 to all patients who enter the Lake Health Emergency Departments who are in a behavioral health crisis. They also make recommendations for next steps in the clients care, assist with outpatient referrals, in patient placement and provide linkages and follow-up to other providers of care to these clients. 60% of patients are admitted into an inpatient psychiatric bed. The number has grown over the years as the acuity of patients has increased.

The Lake County ADAMHS Board has provided signage for their ER lobbies so that patients are aware that 24-hour crisis services are available. Signs are also posted in the public restrooms.

Ms. Smith noted that they are projected to see 4109 clients this year which will be the most to date. In 2014 the number of clients seen was 3135.

Some of the challenges the Lake Health Crisis team face are: increasingly complex patients (medical co-morbidities, dual diagnosis), some limitation in inpatient resources for dually diagnosed individuals (both MH/CD and MH/ID), difficulties with insurance providers and many changes with Behavioral Health Redesign, Presumptive Medicaid, high rates of stimulant abuse leading to mental health crisis, higher population of patients with unstable housing/medication noncompliance and changes to LOC/PASSAR resulting in nursing home patients losing placement.

Lake Health is meeting these challenges by: hiring a Psychiatric Nurse Practitioner who has allowed for more immediate access to appropriate medication and stabilization for patients in the ED, hired Peer Recovery Supporters who help with meet and greet, assist patients in engaging in treatment and make follow-up calls, the Opiate Recovery Transition Program, and work closely with other providers.

5.5% of patients were seen 2 or more times per month in the emergency department and .5% of patients were seen 3 or more times. Collaborating with other agencies has allowed them to meet and discuss treatment plans and ways to reduce recidivism.

Ms. Lakomiak advised that she conducted the agency's Contract Compliance Review and found them in full compliance.

On behalf of the Evaluation/Quality Improvement Committee, Mr. Sabo moved that the full Board accept Lake Health's Quality Improvement plan as presented. Seconded by Mr. McBride the Motion Passed Unanimously. (20-013)

Next Meeting Date: Monday, October 7, 2019, at 5:30 p.m. at the Lake-Geauga Recovery Center

**PROGRAM COMMITTEE REPORT:**

Ms. Sippola reported that the Program Committee met on September 9<sup>th</sup> and the following agenda items were discussed:

Ms. Fraser reminded that the purpose of the Program Committee is to not look at the dollars/allocations but to consider the clinical services. The committee will learn about specific programs needs in our community and make recommendations based on those needs. Program Committee, when in support of a program, will make motions to support and then the motion goes to allocations where that committee decides the fiscal support.

Overview of Residential Treatment and Recovery Housing Ms. Fraser stated that housing has been an integral part of the ADAMHS Board. Some counties don't embrace housing the way we do in Lake County. In 2002 we embarked on a Strategic Plan focusing on recovery looking at housing and the housing continuum and what that looked like in the county. The Board took action and expanded housing services into Extended Housing. This allowed services to be more comprehensive. Recovery Housing came to Lake County through Lake Geauga Recovery Centers in in SFY 2017. As recently as 2017 housing is still a strong priority. In 2005, approximately 15% of the ADAMHS Board budget went into housing. Today 27% is invested in safe, decent, affordable housing and housing supports so clients can have a quality of life.

Ms. Fraser invited Ms. Blasko this evening to present on residential treatment and recovery housing.

Ms. Blasko stated that the Lake-Geauga Recovery Center has been providing residential treatment for substance use disorders since 1973, offering the only long term, non-medical program in Lake and Geauga counties. Oak House (women) and Lake House (men) both have 16 beds and are unique in that children, ages 2 and under may accompany their parent to treatment. Neveah Ridge is a specialized program for pregnant women or women with children under the age of 5. It recently became certified as a residential treatment center. The facility will accommodate six to seven women, depending on the number of children they have. They are expecting the birth of their 19<sup>th</sup> drug free baby this week.

Lake-Geauga tracked clients' success for those that participate up to 30 days, 60 days and 90 days. Research indicates that those who participate in residential treatment a minimum of 90 days have a greater chance of long term recovery. With the introduction of Medicaid Managed Care, lengths of stay have been reduced with Managed Care Organizations 45-60 days. Of those individuals admitted into residential treatment in FY19, 52% of women with an average length of stay of 68 days and 57% of men with an average length of stay of 72 days completed treatment and met all treatment milestones, exceeding the national average of 40-44%.

Ms. Blasko stated Lake Geauga began offering Recovery Housing in 2015. A level II recovery house provides safe, sober, drug and alcohol free living environment for individuals after they complete a primary treatment program. Individuals must be sober a minimum of 30 days, medically and psychiatrically stable, at least 18 years old and willing to follow a 12-step program. A Recovery House Manager lives on site, provides support, accountability and monitors activities and assists with screening residents. There are currently five recovery houses with an additional to open in the fall. All houses except for one can accommodate five adult men or women and a house manager.

Discussion: What happens when someone's insurance denies coverage and they cannot stay in residential treatment as long as needed? An extension can be requested. They can also change the service to another level of care in order to continue to bill Medicaid. The ADAMHS Board also has funds to pay for the service if it is no longer covered. Each client is different and they look at what is best for each individual.

Ms. Fraser stated in the last 5 years, OhioMHAS has required every county to offer a continuum of opiate care. The state mandate is to find someone residential treatment within 60 minutes of their home. We are very fortunate to have the services offered in the county which most counties do not. Lake-Geauga offers the only certified recovery housing in the county.

Mr. McBride noted that several law enforcement officials are certified crime prevention managers. If you would like to set up a free site visit for the homes, please contact him.

Future plans at Lake-Geauga include: Concord Pines (residential treatment for men) which they anticipate to open in the fall, certification for two of their recovery houses in the fall, a new men's residential treatment facility in 2020 (funded by a capital grant and donated land) which has been delayed due to zoning issues, and a recovery house for women with children (to be determined at a later date).

Ms. McLeod gave a timeline of ADAMHS Board funding and the impact on the community reviewing property acquisitions and vouchers added over the years. She also explained the growth of the agency to accommodate the additional acquisitions and vouchers. She noted the amount of funding they received in 2003 was \$607,128 and in 2019 funding received was \$1,948,909.

Ms. Fraser stated due to the time she would table her state updates until the next meeting.

Next Meeting Date: Monday, November 4, 2019 at the Lake County ADAMHS Board

#### **ALLOCATION COMMITTEE REPORT:**

Mr. Meinhold reported that the Allocation Committee met on September 11<sup>th</sup> and the following agenda items were discussed:

Specialty Docket Pass-Thru Ms. Fraser stated that the Specialty Docket is pass-through funding from OhioMHAS. These funds started coming through the Boards in SFY 2019. They can be used for payroll costs for specialized docket staff or various treatment services. It is the discretion of the Court. In SFY 2019 the funds were used for court payroll costs. Staff recommendation is to enter into a contract with Mentor Municipal Court in the amount of \$70,000 for specialty docket funds.

On behalf of the Allocation Committee, Mr. Meinhold moved that the full Board enter into a SFY 2020 Non-Medicaid contract with Mentor Municipal Court in the amount of \$70,000 (\$30,000 Drug Court, \$40,000 Mental Health Court) for Specialty Docket funds. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (20-014)

Addiction Treatment Program (ATP) Pass-Thru Ms. Fraser reported that this program provides Treatment and Recovery supports to active participants in Drug Court, who have a Substance Use Disorder. Lake Geauga Recovery Centers coordinates care with the Court. ATP participants are provided access to medication-assisted treatment.

ATP participants will be provided access to time-limited recovery supports that help eliminate barriers to treatment and are specific to the participant's needs, including assistance with housing, transportation, child care, job training, obtaining a driver's license or state identification card, or any other matter considered relevant by the provider. It helps reduce recidivism, increase public safety, and minimize harm to those who come in contact with law enforcement.

ATP took a \$2 million cut in SFY 2020. Over \$54,000 was allowed to be carried over from the program into SFY 2020. Staff recommendation is to enter into a contract with Lake Geauga Recovery Centers for recovery supports Mentor Municipal Court administration of ATP funding.

On behalf of the Allocation Committee, Mr. Meinhold moved that the full Board enter into a SFY 2020 Non-Medicaid contract with Lake Geauga Recovery Centers in the amount of \$17,164.08 for Addiction Treatment Program (ATP) funding. The motion was seconded by Mr. McBride and the Motion Passed Unanimously. (20-015)

On behalf of the Allocation Committee, Mr. Meinhold moved that the full Board enter into a SFY 2020 Non-Medicaid contract with Mentor Municipal Court in the amount of \$2,835.92 for Addiction Treatment Program (ATP) court administration. The motion was seconded by Mr. McBride and the Motion Passed Unanimously. (20-016)

Meigs House Request Ms. Fraser stated that the Lake-Geauga Recovery Center is requesting \$75,513 in capital grant funds for the Meigs Recovery House to match funds from the state. They will be able to use State Opiate Response (SOR) funds to help with ongoing operational expenses. Staff recommendation is to enter into a contract with the Lake-Geauga Recovery Center to support Meigs House.

Ms. Blasko noted that Meigs House is officially open and has residents. They are holding an open house on October 1<sup>st</sup>. Meigs House has 6 beds and a house manager on site.

Discussion: What is a Level II Recovery House? There are three levels for Recovery Housing. In a Level I house, services are provided in the home. Level II has a house manager on site and is a step down level of care. Level III has no house manager and is sober housing. Lake-Geauga provides the only licensed recovery housing in the county. If someone is struggling or needs to reenter treatment, resources are available. It is a good model for a client's recovery.

What is the match from the state? The state funds 75% of the funding and the ADAMHS Board match is 25%.

On behalf of the Allocation Committee, Mr. Meinhold moved that the full Board support Lake-Geauga Recovery Center's purchase of the Level II Recovery House – The Meigs – at 805 Meigs Avenue in Painesville Township and to enter into contract with Lake-Geauga Recovery Centers for FY20 one-time capital grant to support Meigs House in an amount not to exceed \$75,513.00. The motion was seconded by Mr. McBride and the Motion Passed Unanimously. (20-017)

State Funding Updates Ms. Fraser reminded that the Board will be receiving prevention funding to help kids with wellness and success in the schools. She has a meeting scheduled with school superintendents next week. The Board still has not received notification on the dollar amount awarded nor has received guidance from the state on how to use these funds.

Ms. Fraser noted that Job & Family Services was awarded funding for workforce development tied to the opiate crisis. A workforce meeting is scheduled tomorrow to begin the planning process focusing on clients in residential treatment and recovery housing.

Ms. Fraser reminded the partnerships we are able to have in the community are so important and they allow us to leverage additional dollars which is especially beneficial. When we can pool our funds and resources it has a positive effect on the community.

Next meeting date – Wednesday, November 6, 2019 at 5:30 p.m. at the Lake County ADAMHS Board

**OLD BUSINESS:**

There was no old business.

**NEW BUSINESS:**

Payment of Bills Mr. McBride moved that the Board approve the September bills totaling \$1,143,339.34 be paid as presented. The motion was seconded by Mr. Meinhold. As there was no discussion the Board voted and the Motion Passed Unanimously. (20-018)

**AGENCY PRESENTATION:**

Ms. Smith gave a brief overview of services provided by Lake Health's Emergency Based Crisis Team.

Discussion: Is vaping something you have addressed? No, but the Board has sent information to the schools and would like to bring in a speaker. The new vape cartridges are extremely dangerous - you do not know what are in them.

Mr. McBride complimented the Lake Health team stating that they have developed a good relationship with law enforcement over the years.

**GOOD OF THE GROUP:**

Mr. Beck stated a list of upcoming fundraisers for provider agencies are included in Board packets. He asked Board members to consider attending these fundraising events throughout the year and show their support. It is a great opportunity to socialize and learn more about that agency.

Mr. McBride asked about the status of Board member name tags. They will be ready soon.

As there was no further business, Ms. Brown moved for adjournment at 6:50 p.m. The motion was seconded by Ms. Zeroske and the Motion Passed Unanimously. (20-019)

Respectfully submitted,

Les Beck  
Chair

Matt Sabo  
Secretary